

OCTOBER 2019 - Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Lunch (NNC) <i>MENUS ARE SUBJECT TO CHANGE</i>				
	10-1 Beef & Cheese Taco Burrito Cooked Baby Carrots Fruit Cup	10-2 Toasted Cheese Sandwich Fresh Garden Salad Fruit	10-3 WG Pepperoni Pizza Wedge Ruffle Fries Frozen Juice Slush	10-4 Orange Meatball Rice Bowl Broccoli Buds <i>New!</i> Frozen Peach Pop
10-7 Whole Grain Deep Dish Cheese Pizza -V Cooked Baby Carrots Fruit Cup	10-8 Chicken and Cheese Slider Fiesta Pinto Beans Frozen Juice Cup	10-9 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Fruit	10-10 Salisbury Steak with Gravy Aloha Roll Golden Hash Brown Patties Fruit	10-11 All American Burger Waffle Cut Fries <i>New!</i> Frozen Peach Pop
10-14 Cheesy Pillows -V Cooked Baby Carrots Fruit Cup	10-15 Turkey Burger Campfire Baked Beans Frozen Juice Slush	10-16 WG Pepperoni Pizza Wedge Fresh Garden Salad Fruit	10-17 Mini Teriyaki Chicken Sandwich Ruffle Fries Fruit Cup	10-18 Orange Meatball Rice Bowl Broccoli Buds <i>New!</i> Frozen Peach Pop
10-21 Whole Grain Deep Dish Cheese Pizza -V Cooked Baby Carrots Fruit Cup	10-22 Salisbury Steak with Gravy Aloha Roll Golden Hash Brown Patties Frozen Juice Cup	10-23 Taco Bean Dip Artisan Roll Fresh Garden Salad Fruit	10-24 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Fruit Cup	10-25 All American Burger Fiesta Pinto Beans <i>New!</i> Frozen Peach Pop
10-28 Cheesy Pillows -V Cooked Baby Carrots Fruit Cup	10-29 Beef & Cheese Taco Burrito Cooked Baby Carrots Frozen Juice Slush	10-30 Toasted Cheese Sandwich Fresh Garden Salad Fruit	10-31 WG Pepperoni Pizza Wedge Ruffle Fries Fruit Cup	

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

All of the Grain/Bread items served are Whole Grain Rich.

V: Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich